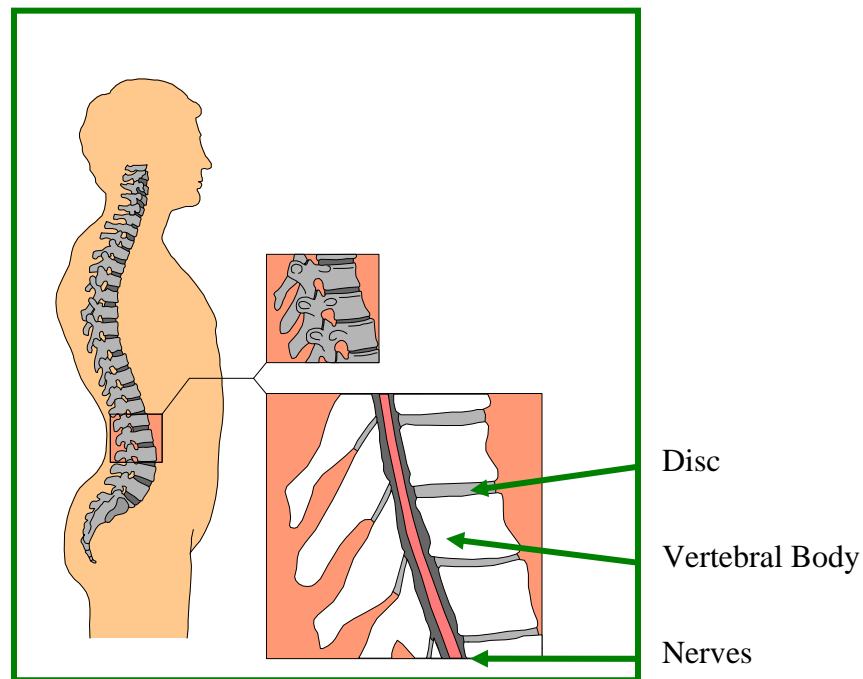


# *Lumbar Micro - Decompression*

## *What is Spinal Stenosis?*

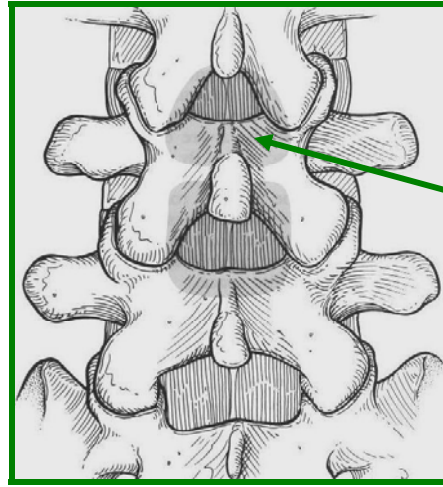
The Lumbar Spine is composed of the five Lumbar Vertebrae separated by the shock absorbing disc. The Nerves lie behind the discs. With aging, the disc continue to bulge and may press against the nerves causing pain down the leg. This is called Spinal Stenosis



## *Overview of Lumbar Micro-Decompression*

We are able to now treat Spinal Stenosis that fails non-operative treatment with Microscope-Assisted Decompression. We remove only the pathologic tissue that is causing compression of the nerves. By preserving the surrounding normal anatomy and only removing the pathologic tissue, most patients require only overnight hospitalization and have minimal discomfort.

## *Lumbar Micro – Decompression (Continued)*



Only the portion of tissue that is causing compression of the nerve root is removed

The incision varies based on patient size, but is typically only about 1/2 inch long. Many patients only require overnight hospitalization and have much less discomfort because minimal soft tissue that is disturbed during the surgery.

